

COMPLETE MALE RESULTS

2005 Valdese Triathlon
Valdese, NC 05/28/2005 9:00 am
Directed and Timed By: Set-Up, Inc.

Place	Bib	Ag	NAME	CITY/STATE	Rank	SWIM	T1 Rank	BIKE	T2 Rank	RUN	PENA	
1.	8	37	SONNI DYER	VALDESE NC	4	3:14	1	26:04	0:39	6	19:58	
2.	34	26	PATRICK STROTHMANN	GASTONIA NC	21	3:47	9	29:04	0:50	1	17:32	
3.	76	32	KENNETH BUSH	WINSTON-SALEM NC	23	3:48	3	27:10	0:34	8	20:18	
4.	16	36	GLENN COOK	GREENSBORO NC	11	3:32	2	26:45	0:41	11	21:28	
5.	21	41	KEITH SCOTT	MORGANTON NC	5	3:21	5	28:26	0:37	10	21:09	
6.	170	28	ELIAS GUERRA	GOLDSBORO NC	81	5:05	13	29:31	0:28	3	19:28	
7.	61	52	DALE MOSHER	ANDERSON SC	13	3:33	4	27:50	1:01	18	22:56	
8.	60	35	DAROL TIMBERLAKE	MATTHEWS NC	33	3:59	24	30:56	0:55	4	19:33	
9.	221	32	LEE ZOHLMAN	MIAMI FL	1	3:01	10	29:06	0:34	25	23:24	
10.	82	38	MARSHALL NORD	LENOIR NC	14	3:37	11	29:11	0:35	19	22:56	
11.	41	21	MAXIMILIAN OPHEIM	BLACKSBURG VA	35	4:03	7	28:30	0:49	22	23:00	
12.	159	28	JOSEPH CORNWELL	TAYLORSVILLE NC	63	4:37	42	32:45	0:33	2	18:47	
13.	72	36	SCOTT SCOGGINS	MORGANTON NC	43	4:11	23	30:42	0:41	9	21:08	
14.	51	43	STEVEN MERTA	HICKORY NC	25	3:48	8	28:54	1:14	20	22:57	
15.	43	41	DAVID BROWN	LENOIR NC	26	3:51	21	30:26	1:02	13	22:05	
16.	158	28	JASON CHILDERS	HUDSON NC	18	3:42	36	32:04	0:30	12	21:29	
17.	11	16	IVAN ALMEKINDERS	CHAPEL HILL NC	15	3:38	47	33:24	0:38	7	20:13	
18.	98	27	KYLE SORENSEN	GREENSBORO NC	58	4:32	15	29:51	0:50	15	22:41	
19.	35	38	DAN SULLIVAN	CHARLOTTE NC	36	4:04	6	28:28	1:10	32	24:30	
20.	127	39	RICHARD OWEN	GRANITE FALLS NC	51	4:23	18	30:13	0:51	16	22:44	
21.	212	41	CRAIG FISCHER	CHARLOTTE NC	7	3:25	17	30:03	0:54	27	23:59	
22.	52	38	JOHN MCMENEMY	LENOIR NC	50	4:21	16	29:55	0:43	31	24:26	
23.	210	25	TOM TSOU	BLACKSBURG VA	55	4:25	19	30:18	0:55	24	23:12	1
24.	13	18	MICHAEL BADEN	NEBO NC	3	3:10	41	32:38	0:26	26	23:48	
25.	137	38	KENNETH LAW	FLAT TOP WV	59	4:33	32	31:45	1:12	17	22:45	
26.	2	14	LAWSON KUEHNERT	MORGANTON NC	2	3:04	46	33:20				
27.	32	37	CHRISTIAN HENDLEY	MARION NC	16	3:39	20	30:25	0:51	41	25:29	
28.	22	33	PATRICK THIEDEMAN	RALEIGH NC	10	3:30	26	31:17	1:14	33	24:31	
29.	190	44	DWAYNE HELLARD	RALEIGH NC	111	7:52	14	29:39	1:05	14	22:07	
30.	42	21	ERIC BILBREY	NASHVILLE TN	69	4:45	66	35:19	1:41	5	19:43	
31.	67	37	SEAN MARVIN	CHARLOTTE NC	45	4:15	34	31:56	0:39	35	24:39	
32.	202	42	DALE TWEEDY	MOORESVILLE NC	31	3:56	27	31:18	0:45	42	25:31	
33.	110	56	FRED D'IGNAZIO	APEX NC	54	4:24	30	31:39	1:19	29	24:13	
34.	20	20	DAVID MARTIN JR	LATTIMORE NC	12	3:32	56	34:13	0:51	23	23:03	
35.	105	33	MITCHELL BUMGARNER	MAIDEN NC	79	5:04	29	31:27	0:56	30	24:17	
36.	55	49	JOHN FISH	HICKORY NC	41	4:08	40	32:34	0:33	36	24:46	
37.	70	47	PAUL WHITE	WAXHAW NC	19	3:42	39	32:15	0:47	38	25:18	

38.	46	42	MARK HAWKINS	HICKORY NC	27	3:53	33	31:49	0:46	44	25:38
39.	85	44	BRENT STINE	HICKORY NC	56	4:27	12	29:19	1:08	63	27:21
40.	71	29	SCOTT MALZAHN	DURHAM NC	37	4:04	35	32:03	1:03	40	25:29
41.	56	55	LEONARD FUMI	CHARLOTTE NC	49	4:20	28	31:22	1:14	48	26:03
42.	88	56	MICHAEL SCIPIONE	HICKORY NC	84	5:10	25	31:06	1:12	54	26:38
43.	89	42	MICHAEL WOHLERS	CARY NC	76	4:51	53	34:01	1:05	28	24:11
44.	25	42	CHRIS DE MOURA	WAKE FOREST NC	29	3:54	38	32:14	1:00	62	27:20
45.	220	20	BRADLEY BLACKMON	MOORESVILLE NC	22	3:48	55	34:10	0:55	51	26:25
46.	24	34	CHARLES HAILEY	CONOVER NC	6	3:25	60	34:32	0:43	58	26:46
47.	125	15	SCOTT ELKINS	CHAPEL HILL NC	60	4:33	37	32:12	0:51	74	27:58
48.	177	43	WILLIAM LARSEN	CHARLOTTE NC	101	6:05	22	30:29	1:19	68	27:43
49.	96	44	STEVE HORTON	MORGANTON NC	77	5:01	70	35:29	0:37	34	24:34
50.	111	28	NATHAN GRAY	CONCORD NC	64	4:38	50	33:36	0:56	56	26:41
51.	142	36	TODD STIFFLER	DURHAM NC	70	4:45	71	35:32	1:01	37	24:49
52.	118	33	JUSTIN NASH	MONROE NC	92	5:38	43	32:51	1:05	57	26:42
53.	91	40	CHAD GRIEVES	CARY NC	83	5:09	54	34:06	0:50	49	26:12
54.	206	31	TRAVIS MOREHEAD	FUQUAY VARINA NC	38	4:05	58	34:27	1:09	53	26:36
55.	77	42	LANCE CHAMBERS	CHARLOTTE NC	52	4:24	51	33:39	1:17	66	27:29
56.	30	35	PHIL BROWN	HICKORY NC	28	3:53	49	33:35	2:07	64	27:22
57.	203	59	JERRY CADE	BURNSVILLE NC	24	3:48	80	36:33	1:12	47	25:58
58.	113	29	JOSH HAYES	CORNELIUS NC	30	3:56	64	35:12	0:42	78	28:23
59.	38	48	LEE BUMGARNER	RALEIGH NC	20	3:46	74	35:41	0:58	71	27:48
60.	129	44	GEORGE DALLAS	HICKORY NC	87	5:21	72	35:35	0:59	50	26:20
61.	141	30	TOMMY MITCHELL	DAVIDSON NC	75	4:51	61	34:40	0:53	73	27:58
62.	84	42	MARK ROMEO	HICKORY NC	17	3:40	59	34:30	1:01	84	29:16
63.	157	58	DAVID CAPELL	COVINGTON GA	90	5:36	82	36:38	0:38	45	25:43
64.	122	26	ANTHONY VANCE	ICARD NC	78	5:03	65	35:18	0:44	72	27:50
65.	217	37	ROBERT SHANAHAH	MATTHEWS NC	34	4:00	84	37:01	1:29	52	26:28
66.	162	44	BILL KIRVEN	MONROE GA	96	5:51	52	33:49	1:19	76	28:03
67.	15	53	JON SKOWVRON	GARNER NC	68	4:41	78	36:25	0:34	65	27:22
68.	107	50	WILLIE CLEMENT JR	MOCKSVILLE NC	66	4:39	85	37:21	1:29	43	25:38

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 Valdese, NC 05/28/2005 9:00 am
 Directed and Timed By: Set-Up, Inc.

Place	Bib	Ag	NAME	CITY/STATE	Rank	SWIM	T1 Rank	BIKE	T2 Rank	RUN	PENA
69.	126	29	BRIAN WEAVIL	KERNERSVILLE NC	53	4:24	76	35:43	1:06	75	27:59
70.	83	38	JOHN RIDER	CLAYTON NC	42	4:08	44	33:08	1:13	88	29:48 1
71.	4	34	SEAN GREEN	CHARLOTTE NC	46	4:18	77	36:14	1:23	67	27:30
72.	90	45	DALE LESS	VALDESE NC	39	4:05	63	35:09	1:07	85	29:17
73.	205	45	ROBERT BRASWELL	HICKORY NC	71	4:49	83	36:44	1:19	59	26:46

74.	144	34	JONATHAN WHITE	CONNELLY SPRINGS NC	105	6:17	45	33:13	1:13	81	28:57
75.	104	35	WILLIAM ASHE	SHELBY NC	82	5:08	86	38:21	1:11	46	25:45
76.	92	48	JOHN MCKINNEY	HIGH POINT NC	65	4:38	79	36:31	0:38	80	28:45
77.	5	35	BRIAN OGLESBY	FOREST CITY NC	9	3:26	91	39:15	1:14	55	26:40
78.	74	43	DEXTER YOUNG	HICKORY NC	47	4:19	69	35:28	1:03	92	29:55
79.	119	39	CHARLES PENDERGRAFT, II	LENOIR NC	85	5:10	57	34:26	1:05	94	30:19
80.	102	40	DUDLEY CHRISTIAN	RUTHERFORD COLLEGE NC	91	5:38	48	33:25	1:02	96	30:57
81.	121	43	JEFF SMITH	MORGANTON NC	94	5:41	62	35:05	1:15	82	29:02
82.	130	31	RUSTY DAVIS	RALEIGH NC	48	4:19	67	35:23	1:01	95	30:45
83.	116	29	KEVIN MCVEY	GRANITE FALLS NC	74	4:50	89	38:58	0:54	61	27:20
84.	196	42	JAMES SMOLKA	HICKORY NC	61	4:34	68	35:25	1:30	100	31:36
85.	219	26	KYLE HANKINSON	FOREST CITY NC	44	4:11	105	45:05	0:51	21	22:58
86.	200	38	DAVID ALLRED	CONCORD NC	102	6:07	87	38:22	1:24	69	27:46
87.	215	41	TIM GADD	GASTONIA NC	89	5:35	92	39:31	0:43	70	27:48
88.	174	38	SCOTT TYSON	MONROE NC	109	7:21	81	36:36	1:21	87	29:28
89.	64	40	FRANK WRIGHT	HICKORY NC	40	4:07	94	40:44	1:35	90	29:49
90.	218	27	JOSHUA FOWLER	HICKORY NC	103	6:09	90	39:15	1:29	86	29:23
91.	145	10	MATTHEW WHITE	WAXHAW NC	62	4:36	98	41:49	0:41	89	29:48
92.	161	14	DANIEL HIBBITTS	HICKORY NC	97	5:54	75	35:43	1:57	108	34:21
93.	173	56	GARY INDENBAUM	HICKORY NC	98	5:57	95	41:21	1:30	83	29:15
94.	48	41	MARK HIBBITTS	HICKORY NC	32	3:57	31	31:44	8:07	109	34:28
95.	133	61	BOB HODGES	NEBO NC	113	9:32	73	35:38	0:51	102	32:44
96.	194	41	JIM BREWER	SALISBURY NC	99	5:58	93	40:16	0:56	101	31:51
97.	171	42	GREG RANDOLPH	CHAPEL HILL NC	93	5:40	97	41:44	2:20	91	29:52
98.	182	40	JOSEPH DOUGHTY	CHAPEL HILL NC	110	7:48	100	42:05	1:20	79	28:30
99.	150	10	NICK NESBITT	CARY NC	106	6:38	99	41:50	1:32	93	30:10
100.	148	44	PETER GRAVELY	VALDESE NC	80	5:04	96	41:22	2:24	99	31:28
101.	193	47	T KEVIN QUEEN	KINGS MOUNTAIN NC	95	5:49	88	38:48	2:08	106	33:57
102.	184	37	JAMES HEWITT	CARY NC	86	5:12	101	42:28	1:18	103	32:57
103.	224	54	KEN HANKINSON	FOREST CITY NC	67	4:40	102	43:24	0:39	104	33:16
104.	97	36	CHRISTOPHER PARRIS	SHELBY NC	72	4:49	104	44:57	1:21	97	31:02
105.	164	33	DAVID WINNINGHAM, JR	RALEIGH NC	73	4:49	103	43:31	1:17	105	33:43
106.	178	34	CHRIS VENTURINO	FAYETTEVILLE WV	88	5:32	106	46:22	0:49	98	31:06
107.	139	43	T.G. MCKAY	LENOIR NC	107	6:45	111	50:48	0:57	39	25:26
108.	211	50	JOHN PERKINS	HICKORY NC	100	6:04	110	50:05	1:17	60	27:17
109.	172	14	EVAN DOUGHTY	CHAPEL HILL NC	104	6:11	109	48:08	1:05	107	34:08
110.	54	48	STEPHEN SCHOEBERLE	MORGANTON NC	57	4:29	107	46:52	1:33	111	38:30
111.	209	36	RUSSELL BRIDGES	VALDESE NC	108	7:16	108	47:06	0:55	110	36:47
112.	183	11	SEAN DOUGHTY	CHAPEL HILL NC	112	9:03	112	59:04	1:07	77	28:09
113.	17	29	DOUG METHVIN	ASHEVILLE NC	8	3:26					

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