

Great Waldensian Footrace

August 12, 2006

Men's 5-K Results

(Parentheses denotes overall top-3 finish)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>
AGES 1 - 14							
11	Chris Setzer	13	M	Connelly Springs	NC	20:08	6:29
14	Clay Byrd	11	M	Connelly Springs	NC	20:24	6:34
25	Michael Rupinski	12	M	Mooreville	NC	21:52	7:03
38	Cody Sitson	14	M	Hudson	NC	23:26	7:33
59	Kaleb McKinney	8	M	Marion	NC	25:54	8:21
67	Derek Dyson	6	M	Taylorsville	NC	27:27	8:51
99	Brandon Queen	11	M	Valdese	NC	30:34	9:51
AGES 15 - 19							
2	Ben Canipe (2)	15	M	Hickory	NC	17:51	5:45
5	Daniel Francis	16	M	Morganton	NC	18:47	6:03
8	Chris Benton	15	M	Morganton	NC	19:50	6:23
9	Aaron Causby	15	M	Connelly Springs	NC	19:53	6:24
10	Alastair Taylor	17	M	Lenoir	NC	20:02	6:27
12	Josh Oxendine	17	M	Rutherfordton	NC	20:16	6:32
15	Brandon Rupinski	17	M	Mooreville	NC	20:25	6:35
26	Ben Godfrey	15	M	Rutherfordton	NC	22:03	7:06
45	Bacilio Sic	17	M	Morganton	NC	24:36	7:56
AGES 20 - 24							
32	Derek Tibeault	21	M	Morganton	NC	22:41	7:19
54	Matt Hallyburton	20	M	Rutherford College	NC	25:37	8:15
55	Brett Baker	21	M	Morganton	NC	25:39	8:16
89	Matthew Harper	24	M	Valdese	NC	29:30	9:30
90	Matt Floyd	21	M	Valdese	NC	29:33	9:31
94	Darrel Humphrey	22	M	Valdese	NC	29:50	9:37
123	Joe Lowman	23	M	Morganton	NC	37:51	12:12
AGES 25 - 29							
3	Jonathan Dameron (3)	25	M	Valdese	NC	17:52	5:45
29	Hector Sic	29	M	Morganton	NC	22:28	7:14
102	Shaun Patton	27	M	Valdese	NC	31:22	10:07
AGES 30 - 34							
4	Rob Moore	32	M	Wrightsville Beach	NC	18:15	5:53
7	Danny Powell	30	M	Morganton	NC	19:46	6:22
36	Phillip Harkey	32	M	Morganton	NC	23:18	7:30
43	Damon Clay	34	M	Lenoir	NC	24:33	7:55
74	Aaron Berry	30	M	Valdese	NC	27:58	9:01
104	Brian McKinney	33	M	Marion	NC	32:09	10:22
AGES 35 - 39							
13	Dean Moore	36	M	Marion	NC	20:19	6:33
19	Patrick Bradshaw	39	M	Morganton	NC	20:48	6:42
37	Lance Foss	36	M	Morganton	NC	23:24	7:32
42	Andrew Smith	39	M	Boone	NC	23:59	7:44
51	Tim Duncan	38	M	Marion	NC	25:23	8:11
63	Johnathan Cox	35	M	Connelly Springs	NC	26:49	8:39
81	Jamie Steele	36	M	Taylorsville	NC	28:40	9:14
AGES 40 - 44							
6	Bryan Allen	41	M	Morganton	NC	19:27	6:16
21	Steve Motsinger	40	M	Hickory	NC	21:25	6:54
52	John Brittain	42	M	Connelly Springs	NC	25:31	8:13
68	Danny Dyson	41	M	Taylorsville	NC	27:28	8:51

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75	Tony Keener	41	M	Conover	NC	28:04	9:03
76	Richard Nelson	40	M	Drexel	NC	28:06	9:03
84	Jerry Stephens	42	M	Hickory	NC	29:04	9:22
87	Nate McElwee	44	M	Statesville	NC	29:26	9:29
109	Wayne Christian	41	M	Rutherford College	NC	33:02	10:39
AGES 45 - 49							
1	Robert Murray (1)	46	M	Valdese	NC	17:37	5:40
17	William Macy	45	M	Statesville	NC	20:36	6:38
18	Quez Little	47	M	Morganton	NC	20:37	6:39
22	Steve Horton	46	M	Morganton	NC	21:38	6:58
24	Bill Stewart	49	M	Valdese	NC	21:50	7:02
27	Alan Sigmon	46	M	Hickory	NC	22:17	7:11
AGES 50 - 54							
20	Jim Benton	52	M	Morganton	NC	21:18	6:52
30	Robin Mabe	50	M	Morganton	NC	22:30	7:15
47	Drew Pascell	53	M	Valdese	NC	25:04	8:05
50	Zachary Benjamin	50	M	Taylorsville	NC	25:20	8:10
73	James Gravely	52	M	Morganton	NC	27:55	9:00
78	Bill Poteat	50	M	Drexel	NC	28:08	9:04
103	Richard Bentley	54	M	Drexel	NC	31:24	10:07
AGES 55 - 59							
16	Chuck Bayles	59	M	Blowing Rock	NC	20:26	6:35
23	Mackie Johnson	59	M	Conover	NC	21:39	6:59
28	Jeff Morse	55	M	Valdese	NC	22:16	7:10
34	Frank Cooper	58	M	Morganton	NC	23:11	7:28
35	Jim Church	59	M	Hillsborough	NC	23:15	7:30
39	Curtis Akard	58	M	Blountville	TN	23:27	7:33
80	Ronnie Thompson	55	M	Valdese	NC	28:30	9:11
92	Jay Bevis	56	M	Valdese	NC	29:40	9:34
107	Jim Furr	59	M	Valdese	NC	32:31	10:29
AGES 60 - 64							
48	Larry Seavers	62	M	Charlotte	NC	25:13	8:08
64	John Kendrick	60	M	Morganton	NC	27:12	8:46
79	Charles Flowers	60	M	Hickory	NC	28:13	9:06
91	John Cannon	63	M	Valdese	NC	29:35	9:32
AGES 65 - 69							
33	Leon Lewis	66	M	Boone	NC	22:51	7:22
93	Jim Cates	68	M	Morganton	NC	29:44	9:35
AGES 70 AND OVER							
88	James Foulkes	79	M	Boone	NC	29:27	9:30
100	Norm Wyner	72	M	St. Augustine	FL	30:52	9:57
105	Walter Pharr	70	M	Glen Alpine	NC	32:26	10:27
117	Byron Logan	79	M	Valdese	NC	36:58	11:55