

Great Waldensian Footrace

August 13, 2005

Women's 5-K Results

(Parentheses denotes overall top-5 finish)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>
AGES 1 - 14							
25	Emily Byrd (1)	12	F	Connelly Springs	NC	22:02	7:06
63	Caroline Byrd	14	F	Connelly Springs	NC	24:34	7:55
79	Bethany Lanier	14	F	Morganton	NC	26:29	8:32
110	Kayla Gibson	12	F	Marion	NC	28:48	9:17
127	Jesse Bruce	11	F	Lenoir	NC	30:23	9:48
147	Ashley Gibson	14	F	Marion	NC	35:22	11:24
148	Lydia Kuehnert	8	F	Morganton	NC	35:24	11:25
151	Aubry Mears	12	F	Valdese	NC	36:12	11:40
AGES 15 - 19							
41	Katie Hoyle (3)	15	F	Hickory	NC	22:45	7:20
51	Katie Overmyer (5)	18	F	Morganton	NC	23:45	7:39
56	Emily Hansen	17	F	Hickory	NC	24:05	7:46
57	Ashleigh Buckner	16	F	Nebo	NC	24:07	7:46
58	Julia Byrd	16	F	Connelly Springs	NC	24:08	7:47
80	Flor Rangel	17	F	Taylorsville	NC	26:30	8:32
121	Katie Flowers	18	F	Hickory	NC	29:43	9:35
131	Caroline Jennings	16	F	Hickory	NC	30:41	9:53
143	Brienna Zeiger	18	F	Taylorsville	NC	32:31	10:29
AGES 20 - 24							
85	Rachel Mitchell	20	F	Connelly Springs	NC	27:33	8:53
96	Emily Dogenhardt	21	F	Maiden	NC	28:09	9:04
109	Nicole Agurlaw	24	F	Morganton	NC	28:46	9:16
140	Kristin Camp	22	F	Valdese	NC	31:59	10:19
AGES 25 - 29							
27	Melissa Buff (2)	25	F	Lincolnton	NC	22:05	7:07
60	Sarah Spitzig	28	F	Hickory	NC	24:22	7:51
122	Mara Fowler	27	F	Hildebran	NC	30:03	9:41
137	Keisha Berry	27	F	Connelly Springs	NC	31:41	10:13
AGES 30 - 34							
68	Stacy McKinney	30	F	Marion	NC	25:14	8:08
86	Janet Byers	31	F	Valdese	NC	27:34	8:53
103	Misty Grogan	31	F	Lenoir	NC	28:28	9:10
124	Alicia Mears	32	F	Drexel	NC	30:17	9:46
125	Tina Clement	33	F	Valdese	NC	30:18	9:46
144	Tracy Fry	34	F	Hickory	NC	32:32	10:29
156	Catherine Gilbert	30	F	Lenoir	NC	39:19	12:40
AGES 35 - 39							
97	Ellen Fountain	38	F	Taylorsville	NC	28:12	9:05
115	Delayne Martin	37	F	Valdese	NC	29:11	9:24
128	Mary Bruce	36	F	Lenoir	NC	30:33	9:51
130	Ellen Settlemyer	35	F	Morganton	NC	30:35	9:51
AGES 40 - 44							
43	Trudy Memmel (4)	42	F	Morganton	NC	23:15	7:30
81	Natalie Kelly	40	F	Troutman	NC	26:34	8:34
105	Saundra Whitson	44	F	Hudson	NC	28:39	9:14
154	Kathy Oliver	41	F	Drexel	NC	37:05	11:57
AGES 45 - 49							
82	Melanie Mikusa	45	F	Morganton	NC	26:47	8:38
119	Beth Dacus	45	F	Lenoir	NC	29:37	9:33

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132	Nancy Thomas	46	F	Valdese	NC	30:42	9:54
146	Betty Scipione	45	F	Hickory	NC	34:06	11:00
158	Peggy Mulrenin	49	F	Morganton	NC	39:40	12:47
AGES 50 - 54							
95	Meleah Goulds	50	F	Lenoir	NC	28:04	9:03
99	Patti Griffin	50	F	Valdese	NC	28:19	9:08
106	Frances Hildebran	50	F	Morganton	NC	28:41	9:15
163	Karen Less	53	F	Valdese	NC		
AGES 55 - 59							
62	Linda Chrisco	57	F	Valdese	NC	24:28	7:53
91	Joyce Pharr	59	F	Glen Alpine	NC	27:48	8:58
126	Ginger Clement	57	F	Valdese	NC	30:22	9:47
AGES 60 - 64							
159	Jane Roberts	63	F	Morganton	NC	39:47	12:50